**Green Pea Guacamole**

**Lentil Chili; Green Salad**

**Roasted Veggie & Hummus Wraps**

**Veggie Couscous; Green Salad**

**BREAKFAST LUNCH DINNER**

**FRI**

**Lentil Chili; Green Salad**

**Roasted Veggie & Hummus Wraps**

**Whole Grain Pasta with Beans**

**BREAKFAST LUNCH DINNER**

**THU**

**WED**

**BREAKFAST LUNCH DINNER**

**English Muffin with Nut Butter**

**Creamy Curried Cauliflower Soup**

**Black Beans & Rice Extravaganza**

**Peanut Orange Dressing with Salad**

**Apple-cinnamon Oat Squares**

**BREAKFAST LUNCH DINNER**

**TUE**

**Roasted Veggie & Hummus Wraps**

**Lentil Chili; Green Salad**

**BREAKFAST LUNCH DINNER**

**Hot Cereal; Fresh Fruit**

**MON**

**GLORY’S WEEKLY PLAN**